

Building a Medical Home



LAMPREY HEALTH CARE NASHUA CENTER

The Nashua Area Health Center is Relocating and Expanding

Background:

The Nashua Area Health Center, a center of Lamprey Health Care, began operations in 2000 in space leased from Southern New Hampshire Medical Center. Due to growth in patient volume and community needs, we have outgrown our current facility with no capacity to serve additional patients. After a lengthy search, we purchased the nearby Home Health & Hospice building at 22 Prospect Street, plus an adjacent property. Expansion and renovation began in February of 2011, with expected completion in December of 2011.

Expansion Project:

The new Nashua Center will increase our facility from 8,500 sq. ft. to 15,500 sq. ft. The additional space will allow us to serve an additional 2,500 patients over the next three to five years.

Facilities:

When completed, the Health Center will offer:

- 21 patient exam rooms
- Adult & children's waiting areas
- Offices for providers & clinical support
- Offices for diabetes educator, nutritionist, social workers and substance abuse counselor
- Community areas for patient education classes, workshops, group sessions and general use

Nashua Area Health Center Expansion Project

Meeting Community Health Needs



Primary Care – With Access to All:

Lamprey Health Care is a community health organization with health centers in Nashua, Newmarket and Raymond, New Hampshire. We provide primary health care services to all ages, with an emphasis on disease prevention and lifestyle management, **regardless of the patient's ability to pay.**

History:

Founded in 1971 as one of the nation's first Community Health Centers, Lamprey Health Care acquired the financially troubled Neighborhood Health Center for Greater Nashua in 2000. Accredited by the Joint Commission, we have received many national and regional awards for excellence in care, outstanding leadership and cost-effective delivery of care.

Community Health Centers Save \$:

Many national studies have shown that Community Health Centers improve health outcomes and reduce health care costs:

- 30% savings in Medicaid spending
- \$1 invested in prenatal care saves \$3-4 in newborn and maternal care
- \$1 invested in diabetes care management saves \$3-4 in hospitalization costs
- Dramatic reductions in ER visits

(Contact us for documentation of these statistics)

Core Services:

- Primary medical care for all ages
- Prenatal & pediatric care
- Women's care & OB-GYN
- Diabetes & asthma management
- Health education & outreach
- Social services & case management
- Nutrition counseling
- Substance abuse counseling
- HIV/AIDS testing & counseling
- Translation & interpretation services
- Lab services

Nashua Center Patient Snapshot 2010

- 5,416 Total Patients
- 22,106 Total Visits by Patients
- 58% of Patients are Uninsured
- 375 Prenatal Patients
- Value of \$1,147,027 in Prescriptions Provided
- 722 Social Services & Case Management Patient Visits
- 465 Nutrition Education Visits
- 286 Substance Abuse Counseling Visits
- 54% Minorities or Non-English Speaking

Please visit our website for details about our services and medical staff:

www.lampreyhealth.org

Nashua Area Health Center Expansion Project

Why a New Center is Vitally Needed



Growing Demand, Crowded Facilities, Rising Uninsured

Uninsured Children and Families

The Nashua Center's target population is the uninsured, the low income and the minority families, individuals and children. Over 55% of Nashua's patients are uninsured and 84% are below 200% of Federal Poverty Guidelines. In addition, over 52% of Nashua's prenatal patients are uninsured. Access to primary care services saves money by reducing inappropriate use of the Emergency Room and preventing unnecessary hospitalization. Access to early prenatal care helps to ensure healthy moms and healthy babies.

Overcrowded Facilities

The Nashua Center experienced a 20% growth in patients from 2008-2010. Our current facility is extremely overcrowded, leading to workflow inefficiencies and a waiting room filled with patients at double its capacity. Demand and need for care has continued to grow, and Southern NH Medical Center, our current landlord, needs our space for their own growth goals. Current staff and volunteers exceeds 50 while the existing space was built to accommodate 35.

A Solution to Rising Health Care Costs

Community Health Centers have demonstrated that they are efficient and provide a significant cost savings to the health care system. Lamprey Health Care is a high quality provider of care for the vulnerable and medically underserved population in Nashua. Care is delivered by Board Certified Physicians, Nurse Practitioners, Certified Nurse Midwives, supported by a team of nurses, nutritionists, social workers, health educators, substance abuse counselors and interpreters, who work together to ensure every patient stays healthy.

Lamprey Health Care's commitment to healthy outcomes focuses on individual patient needs to influence healthier behaviors for better health management. Lamprey Health Care is accredited by The Joint Commission, and was recognized as a Level III Patient-Centered Medical Home by the National Committee for Quality Assurance (NCQA) for its excellence in patient services, use of best practices, and integration of health information technologies.

A healthy community means a more productive workforce, children who can thrive in school, and lower costs to taxpayers and employers.

Nashua Area Health Center Expansion Project

Nashua Center Capital Campaign



We Need Your Generous Support

Our \$4.7 million building project has received major support from the Federal Government, Southern New Hampshire Medical Center and Lamprey Health Care Board and Staff members. **Now we need your support.**

Expenses	Sources of Funds	Gift Opportunities
Legal, Architecture, Engineering & Other: \$372,500	Federal Grants \$2,546,000	Main Waiting Room: \$25,000
Building & Land Acquisition \$1,680,300	Southern NH Medical Center \$250,000	Community Education Room: \$25,000
Building Renovation & Expansion \$2,591,200	Lamprey Health Care \$600,000	Entry Foyer: \$15,000
Equipment & Furnishings \$65,000	Bank Loan \$800,000	Women's Center: \$15,000
Total: \$4,709,000	Community Support Needed \$513,000	Children's Playroom: \$10,000
	Total: \$4,709,000	Community Education Kitchen: \$5,000
		Exam Rooms: \$2,500
		Nutrition Education & Diabetes Education Offices: \$2,000 each
		Landscape & Gardens: \$1,500

Our new Center will provide a vitally needed medical home for thousands of Nashua area individuals and families.