



## ProHealth NH Project Overview



### A person-centered Health Home for young people with SED or SMI

ProHealth NH is a person-centered health home for young people with Serious Emotional Disturbance (SED) or Serious Mental Illness (SMI). ProHealth NH provides integrated primary care, behavioral health and wellness programs co-located in New Hampshire community mental health centers, provided through partnerships between the Community Mental Health Centers and the Federally Qualified Health Centers in Manchester, Nashua, and Rochester. ProHealth NH provides Health Home integrated care for young people through:

- 1) **Evidence Based screening, detection, and treatment of health conditions,**
- 2) **Evidence Based screening and treatment of behavioral health conditions,** including depression, trauma, substance use disorder, need for Assertive Community Treatment, need for Supported Employment and Education, need for help with mental illness symptom management,
- 3) **Health programs for tobacco use, fitness, nutrition and obesity** that include evidence-based incentives for health behavior change,
- 4) **Shared plans of care** between mental health and physical health providers, in coordination with the Integrated Delivery Networks, where possible,
- 5) **Tailoring care** to meet the needs of young people age 16-35 years, with outreach to engage LGBT and people from cultural and linguistic minority groups, and
- 6) **Population Management with treatment-to-target goals, and Care Coordination for people with complex needs.**

### Increasing access, improving quality, reducing disparities

ProHealth NH aims to improve access to care, enhance quality of care and reduce health inequity through Health Home integrated services for 1,100 people ages 16 to 35 years with SED and SMI by 2024. The project evaluation will measure the effectiveness of these Health Home services.

ProHealth NH services (mental health, primary care, and wellness services) are expected to be covered under usual reimbursement strategies by the Federally Qualified Health Clinics and the Community Mental Health Centers. People with NH-defined SED or SMI who do not have insurance are also eligible for ProHealth NH services.

### ProHealth NH Partnership Locations & Contacts:

	ProHealth NH Oversight	Manchester	Nashua	Rochester
Mental Health	Bureau of Mental Health Services	Mental Health Center of Greater Manchester	Greater Nashua Mental Health Center	Community Partners
Health		Manchester Community Health Center	Lamprey Health Care	Goodwin Health Services
Location	105 Pleasant St Concord, NH 03301 603-271-5000	1555 Elm Street Manchester, NH 03101 603-668-4111	7 Prospect Street Nashua NH 03060 603-889-6147	25 Old Dover Rd Unit B, Rochester, NH 03867 603-516-9300
Project Director	Alicia M. L'Esperance Mary Brunette (Medical)	Margaret Almeida	Sheila Considine Sweeny	Shona Baum

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